

*Living consciously with creation in mind does not necessarily mean living without.  
It does mean living differently.  
It does mean living simpler and intentional lives.  
The choice is ours to make.*

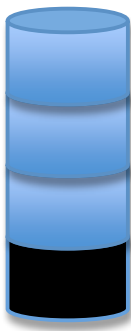
### Stewardship of Creation Tip #4: Bottled Water & Greenhouse Gas Emissions

Supplying Americans with water bottles for 1 year consumes 15 million barrels of oil.

15 million barrels of oil releases:  
6,000,000,000 lbs of CO<sub>2</sub> or 3,000,000 tons of CO<sub>2</sub>

15 million barrels of oil:  
Generates electricity > 250,000 homes a year or  
Fuel for 100,000 cars a year.

An estimated 40% of bottled water sold in the US is just filtered tap water.



The total estimated energy needed to make, transport, and dispose of one bottle of water is equivalent to filling the same bottle

one-quarter full of oil.

Action: Drink tap water if your tap water is safe to drink; get a reusable, sturdy water bottle for the road.

Sources: Message in a Bottle: Despite the Hype, Bottled Water is Neither CLEANER no GREENER Than Tap Water, Brian C Howard, <http://www.emagazine.com/view/?1125>  
<http://www.amnh.org/exhibitions/water/?section=fastfacts>  
1 barrel of oil consumed releases about 400 lbs of CO<sub>2</sub> <http://www.unc.edu/~dcrawfor/enst006.htm>

### Awakening: Knowingly Beholding God in All

*“The day of my spiritual awakening was the day I saw --and knew I saw --all things in God and God in all things.”*

**Mechtild of Magdeburg**

Reflection: “All things in God; God in all things.” Is this what I behold? Is this what I **know** I behold? How do my actions affect all things, far and near?

**Prairie Climate Stewardship Network**  
*Engaging people of faith in climate stewardship.*

For more information and opportunities to engage in creation care, go to [www.prairiestewardship.org](http://www.prairiestewardship.org)  
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