



## Simple, Basic Actions in Support of Creation Care: Resource List

### Communion Cups: Reusable

**Walker Communion Cup Company (North Carolina-based company)**

<http://walkercommunioncup.com/>

**Retail Price: \$12.95/dozen (call for information on store or church discounts)**

The **Walker Communion Cup** has a transparent, glass-like appearance and is made from a durable, acrylic crystal thermoplastic. It can easily be washed in an automatic dishwasher and is unbreakable in normal use. The opening in the bread compartment provides for proper drainage in washing. Made in one piece with no detachable parts, the cup will fit any standard tray or racks already in use and eliminates the purchase of bread serving plates. The handling of the bread is reduced to a minimum.

The cups are reusable. To clean, put them in hot water with a small amount of bleach and let them soak for about an hour, then rinse and allow to air dry. You may also wash them in a dishwasher if you have a container to keep them in one place. A dishwasher container used for washing baby bottles in a dishwasher works well for this purpose.

#### **Cost of disposable communion cups**

Disposable cups ranges:

100 from \$4.39 to \$4.99

500: \$10.55 to \$11.99

1,000: from 18.92 to \$21.50

### Junk Mail: Reduction

**41pounds.org**

<http://www.41pounds.org/>

The average adult receives 41 pounds of junk mail each year. 41pounds.org stops 80-95% of unwanted catalogs and junk mail by contacting dozens of companies on your behalf to stop junk mail and protect the environment.

41pounds.org donates more than 1/3 of your fee to the environmental or community organization of your choice.

### Paper: Recycled Paper

**Paperworks**

[http://www.paperworks.com/Merchant2/merchant.mvc?Screen=PROD&Store\\_Code=paperworks&Product\\_Code=RBHT11](http://www.paperworks.com/Merchant2/merchant.mvc?Screen=PROD&Store_Code=paperworks&Product_Code=RBHT11)

R

#### **Recycled 100% Post-Consumer Fiber**

**Rolland Enviro100 Copy 8-1/2x11 20lb White 5000/FULL-CASE. Price: \$60.00.**

Using Rolland Enviro100 Copy is a simple, effective means of conveying your concern for the environment. This high quality environmentally friendly paper is 89 brite, contains 100% post-consumer fiber, is archival, chlorine free, and Forest Stewardship Council (FSC) certified. Copier, Laser, and Ink-jet guaranteed.

#### **Recycled 30% Post-Consumer Fiber**

**Rolland ReproPlus 8-1/2x11 20lb Recycled Copy 5000/FULL-CASE. Price: \$53.00.**

Rolland Repro Plus is a 94 brite recycled sheet that contains 30% post-consumer fiber. Archival, chlorine free, and FSC certified. Copier, Laser, and Ink-jet guaranteed.

### **Eco Green Office**

[http://www.ecogreenoffice.com/catalog/catalog\\_list/1](http://www.ecogreenoffice.com/catalog/catalog_list/1)

**Aspen 100% Post Consumer Paper (Ltr, Ctn). Price: \$48.99 per item** (Quantity: 500 Sheets/Ream, 10Rm/Ctn).

Volume/contract pricing available. Offers the same characteristics and brightness as a non-recycled sheet. Made without the use of chlorine or chlorine compounds (PCF). High-quality paper for everyday use in copiers and printers. Laser guaranteed. Acid-free. FSC Certified. CAS-054922. Size: 8-1/2" x 11". Color: White. Brightness: 92. Weight: 20 Lb..

**Aspen 30% Post Consumer Paper (Ltr, Ctn). Price: \$42.99 per item** (Quantity: 500 Sheets/Ream, 10 Rm/Ctn)

Volume/contract pricing available. Great for interoffice memos and letters with the advantage of recycled content.

Engineered for use in high-speed copiers, plain-paper faxes, and laser printers. Consistent, dependable performance in all copiers, and laser or inkjet printers. Acid-free. FSC Certified. CAS-054901. Size: 8-1/2" x 11", Color: White. Brightness:

92. Weight: 20 Lb..

#### **Office Depot:**

Copy paper without recycled material: range: **\$44.99 to \$48.99**

Copy with recycled material (unspecified): range: **\$40.90 to \$51.99**

#### **Palms for Palm Sunday**

##### **Eco-Palms: a sustainable option**

<http://www.cinram.umn.edu/ecopalms/index.html>

The North American Commission for Environmental Cooperation (NACEC) and the University of Minnesota Center for Integrated Natural Resources and Agricultural Management (CINRAM) are working together with the Rainforest Alliance TREES program, Smartwood, and TransFair to certify palms harvested from the forests of Mexico and Guatemala for sale to Christian congregations in the United States and Europe.

CINRAM works with a variety of partners including Lutheran World Relief: <http://lwr.org/palms/index.asp> and Presbyterian Church USA: <http://www.pcusa.org/palms/>

Better pay for harvesters; promotes selective harvesting, thereby protecting the health of the rainforest and habitats; approximately 25% of what you pay goes to help the local harvesting communities with social or development projects such as building schools or providing health care or insurance.

##### 2009 Price List for Eco-Palms

Small Case (200 stems) \_\_\_\_\_ x \$49.00 + 12 = \_\_\_\_\_

Medium Case (300 stems) \_\_\_\_\_ x \$71.25 + 17 = \_\_\_\_\_

Large Case (600 stems) \_\_\_\_\_ x \$138.00 + 22 = \_\_\_\_\_

Bunches (20 stems) \_\_\_\_\_ x \$6/bunch + 10

Sells "fronds" or palm leaves which have a main stem and leaflets on either side that are about 15-20 inches long and 8-12 inches wide. Eco-palms does sell not the "buds" or "strips" that some churches usually order.

Cost comparison: more than double the cost of other fronds.

#### **Wireless Microphones (Rechargeable Batteries) and Other Electronic Devices (Recycling)**

##### **Batteries and Wireless Mics**

"Energizer's line of NiMH rechargeable batteries are quite impressive. In a Sennheiser 5212 transmitter we were able to get 7 to 8 hours of operating time using the 2500mAh model." Source: **Bright and Loud: Pro Audio, Computers, Technology, and other stuff** <http://www.brightandloud.com/archives/109>

##### **Recycling Batteries**

<http://www.biggreenbox.com/>

A company called Toxco has a program called The Big Green Box. The Big Green Box can be used to recycle batteries, such as alkaline, lithium, nickel cadmium, nickel metal hydride, lithium ion, and other household batteries as well as cellular telephones, pagers, wireless communication devices such as PDA's, MP3 players, chargers, portable tools, laptops, and any other devices that are designed to operate on battery power." For a purchase price of \$58 you get a UN rated corrugated container that is 13"L X 13"W X 8.5"H that has a 43-pound weight capacity. Once The Big Green Box is purchased, all shipping, handling, and recycling fees are included. The Big Green Box includes a UN approved, pre-labeled container, pre-paid shipping to and from the recycling facility, and of course, all recycling fees.

To learn more about Toxco's recycling of batteries go to <http://www.toxco.com/aboutrecycle.html>

##### **EcoPhones Cell Phone Recycling & Consumer Electronics Recycling Fundraiser**

<http://www.ecophones.com/>

Recycles: cell phones, ipods, ink jet cartridges, digital cameras, laptop computers.

Price list available on website.

To learn more about what EcoPhones does with the consumer electronics it collects, go to

<http://www.ecophones.com/AboutRecycling.aspx>