



Carbon Dioxide (CO₂) Emissions Worksheet

Tailored for North Dakota, Minnesota and South Dakota – providing an estimate of emissions

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in climate change solutions

Number of people living at home: _____					
Transportation	Miles driven (year)	Miles per gallon	*Emissions CO ₂ lbs per unit of measurement	How to calculate CO ₂ emissions	Pounds of CO ₂ emitted
Vehicle 1			19.56 lbs per gallon unleaded gasoline	Miles driven divided by mileage per gallon multiplied by emissions CO ₂ lbs per gallon	
Vehicle 2			22.38 lbs per gallon of diesel		
Vehicle 3					
Vehicle 4					
Vehicle 5					
Subtotal Transportation					
Air Travel	Number of trips (year)	Miles traveled			
Short Haul Flights (<280 miles)			0.64 lbs per mile	Number of trips multiplied by miles traveled multiplied by emissions of CO ₂ lbs per gallon	
Medium Haul Flights (280 to 1000 miles)			0.44 lbs per mile		
Long Haul Flights (>1000 miles)			0.39 lbs per mile		
Subtotal Air Travel					
Home Energy (year)	Usage (year)				
Kilowatt hours (kWh) electricity			2.24 lbs per kWh in ND 1.52 lbs per kWh in MN 0.80 lbs per kWh in SD	Usage multiplied by emissions of CO ₂ lbs per unit of measurement	
Gallons of heating oil			22.28 lbs per gallon		
Therms of natural gas			11 lbs per therm		
Gallons of propane			12.67 lbs per gallon		
Subtotal Home Energy					
Household lbs of CO ₂ emitted			(Add subtotals)		
Per Person lbs of CO ₂ emitted			(Grand total divided by number of people living at home)		
Household tons of emitted			(Household lbs emitted divided by 2000)		
Per Person tons of CO ₂ emitted			(Per person lbs emitted divided by 2000)		

**Average national per capita tons CO₂ emissions: 20.18 tons.

(more over)

*Sources: Energy Information Administration Voluntary Reporting of Green House Gases Program <http://www.eia.doe.gov/oiaf/1605/coefficients.html>; WRI; What's My Carbon Footprint; and Energy Information Administration: Updated State-and Regional-level Greenhouse Gas Emission Factors for Electricity (March 2002) <http://www.eia.doe.gov/oiaf/1605/ee-factors.html> or <http://www.eia.doe.gov/pub/oiaf/1605/cdrom/pdf/e-supdoc.pdf>

**Energy Information Administration: World Per Capita Carbon Dioxide Emissions from the Consumption and Flaring of Fossil Fuels, 1980-2004

Significance of per capita emissions of CO₂ and what can be done to stabilize emissions

To understand the significance of per capita emissions and the need for reduction, a helpful read is “**The crucial limit: Nine billion tonnes of carbon dioxide a year**” by Optimum Population Trust. Website: <http://www.optimumpopulation.org/opt.af.limitco2.html>. Excerpts and link to the site can be found on the PSN website “Challenges/Solutions” webpage, under “Publications”: <http://www.prairiestewardship.org/challengesandsol.html>.

It is equally important to be aware of the following publication "**Stabilization Wedges: Solving the Climate Problem for the next 50 Years with Current Technologies**" S. Pacala and R. Socolow, Science, August 13, 2004. Website <http://www.princeton.edu/~cmi/resources/stabwedge.htm>. This site also includes a “*Teachers’ Guide to the Stabilization Wedge Game: a team-based exercise in which players build a portfolio of stabilization strategies and assess their impacts and costs.*”

Reducing greenhouse gas emissions from waste

The worksheet on CO₂ emissions does not include emissions from waste. To calculate waste emissions and estimated reductions through recycling see below. US EPA estimated average of greenhouse gas emissions from waste for a household of two people over a year: 2,020 lbs.

For a household of 1, a reduction of an estimated 423 lbs of CO₂ emissions could be achieved through recycling all of the following when possible:

Newspaper: -184 lbs of CO₂ per year

Glass: -26 lbs CO₂ per year

Plastic: -47lbs CO₂ per year

Aluminum and steel cans: -166 lbs CO₂ per year.

To find total waste emissions after recycling, subtract reductions through recycling from 1,010lbs of CO₂. To convert to tons, divide new total by 2,000.

For a household of 2, a reduction of an estimated 845 lbs of CO₂ emissions could be achieved through recycling all of the following when possible:

Newspaper: -369 lbs of CO₂ per year

Glass: -51 lbs CO₂ per year

Plastic: -93 CO₂ per year

Aluminum and steel cans: -332 lbs CO₂ per year.

To find total waste emissions after recycling, subtract reductions through recycling from 2,020lbs of CO₂. To convert to tons, divide new total by 2,000.



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